

Emily Dittman AMFT 136420
Supervised by Johanna Jones, LMFT #48902
(424) 325-5931

Agreement for Text and Email Communication

It is often easier to communicate via text messages or email than via telephone. Clients often prefer it, especially adolescents and young adults. Transmitting client information via text messages and emails has a number of risks that need to be considered:

- Text messages and emails can be printed out and added to client's file - Text messages and emails can be used as evidence in court - Text message and emails can be intercepted, altered or forwarded without authorization - Senders can misaddress texts and emails. Because of these risks outline above, the security and confidentiality of text messages and emails cannot be guaranteed. Information that could be transmitted via text messages and emails include appointment reminders, communication about missed appointments and wellness tips/reminders. What will not be included in text messages or emails:

- Mental health diagnoses
- Treatment goals and plans
- Clinical emergencies

By signing this agreement, I acknowledge that I have read and fully understand this consent form. I understand the risks and rules outlined above and consent to be contacted via text message and email for the reasons listed above. I further waive any and all claims that may arise against Emily Dittman, AMFT 136420, resulting from the use or misuse of text messages and emails.

Signature of Client-Date

Signature of Client (Parent if a minor)-Date

Signature of Minor-Date